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Minerals	$\boldsymbol{\mathcal{O}}$	Fruii	Juices

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Selection of Folkington Juices -	East Suss	ex
(sparkling elderflower, ginger beer)	330ml	£5.40
(still - apple, pear, orange, tomato,		
cranberry, pink lemonade)	250ml	£5.40
Lemonade	200ml	£4.95
Soda	200ml	£4.95
Fevertree, Premium Mixers		
Indian Tonic	200ml	£5.40
Slimline Tonic	200ml	£5.40
Appletiser	200ml	£5.40
Coke	200ml	£4.95
Diet Coke	200ml	£4.95
Southdown's Mineral Water	330ml	£4.00
Still or Sparkling	750ml	£6.55
Beers, Ales & Ciders		
Long Man Helles Lager (Draft)	Pint	£6.95
	½ Pint	£3.70
Peroni	330ml	£6.95
Heineken 0%	330ml	£6.95
Long Man Best Bitter, Litlington	500ml	£7.70
Long Man Rising Giant		
American Pale Ale, Litlington	500ml	£7.70
Silly Moo Cider, Horsham	500ml	£10.90
Rekorderlig Strawberry and Lime	500ml	£7.80
Gin	50ml	25ml
Mayfield Gin, Mayfield	£16.60	£9.10
Raspberry Pinkster Gin	£16.60	£9.10
Chapel Down Gin	£16.60	£9.10
Seedlip Garden Grove 0%	£12.00	£6.50
Vodka	50ml	25ml
Toffee Vodka, Ditchling	£15.55	£10.15
Chapel Down Vodka	£14.75	£9.60
Rum	50ml	25ml
Greensand Ridge Rum		
Wealden	£18.60	£10.30
Rumbullion Spiced Rum		
Ableforth's	£18.60	£10.30
Whisky & Cognac	50ml	25ml
Bells, Scotland	£8.10	£5.30
Harvey's Single Malt Whisky	£13.40	£7.00
Jamesons, Irish	£10.75	£7.00
Jack Daniels, Tennessee	£10.75	£7.00
Remy VSOP Cognac	£16.45	£10.70
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Aperitifs Bolney Rosso Vermouth, I Seven Sisters Vermouth, I Harvey's Bristol Cream	•	Heath	50ml £5.65 £14.50 £7.80
Champagne & Spar	rkling V	Vines	
	125ml	175ml	Bottle
Canard- Duchêne Champagne, NV Silver Reign Brut NV	£14.30 £9.40	£20.00	£73.00 £40.00
Passaparola Prosecco Spumante, Pradio, Italy	£9.30	£13.00	£48.00
Hindleap Seyval Blanc, Bluebell Vineyards So Jennie, Paris 0%			£60.00 £62.00
Rosé Wine			
Ashdown Rosé, Bluebell Vineyards, 2018	£9.30	£13.00	£49.00
Provence, Prance 2020	£10.75	£15.00	£54.00
White Wine			
Ashdown Chasselas, Bluebell Vineyard	£8.70	£11.80	£46.00
Chardonnay,	£9.10	£12.50	£48.00
Kingscote Vineyard Sauvignon Blanc,	£9.50	£13.00	£50.00
Kingscote Vineyard Pinot Gris,	£12.50	£17.00	£69.00
Bolney Wine Estate Chapel Down Flint Dry Tenterden, Kent C J Pask,			£58.00
Sauvignon Blanc Hawkes Bay NZ	£9.65	£13.50	£50.00
Pinot Grigio, Amanti Fossalta Di Piave, Italy, 2020	£8.25	£11.50	£42.00
Red Wine			
Pinot Noir,	£14.00	£19.60	£76.00
Bolney Estate Nostros Merlot,	£9.65	£13.50	£50.00
Gran Reserva, Chile Malbec , Terrazas, Selection	£10.00	£14.00	£53.00
Rioja, Vina Berceo Crianza,	£10.00	£14.00	£52.00
Shiraz,	£8.95	£12.50	£46.00

Wide River, South Africa







TABLE NIBBLES	all priced at £6.00
Rosemary Focaccia Bread with	Olive Oil (G)
Naan Bread, Red Pesto, Parmes with kalonji seeds	san (G,N,M)
STARTERS	

STARTERS	
Soup of the Day with Warm Bread $(Vg_{\prime}G)$	£7.50
Prawn Cocktail Salad (C, G, Mu) wild rocket, radicchio, Marie Rose sauce, homemade bread	£10.50
Caprese Salad (M) black olives, mozzarella with micro cress	£10.50
Baked Camembert (M,G,Su) onion chutney, sourdough crostini	£13.50
Tapas Selection (G,M) wild mushroom, salmon with crème fraiche, salted beef, cheese & olives, grilled avocado with sun blushed tomato	£12.50
Stuffed Avocado (Vg) halloumi cheese, cherry tomato, balsamic garlic gl	£11.50 aze

MAIN COURSES	
10oz Sirloin Steak (Su,G,M)	£29.00
grilled mushroom & tomato,	
brandy peppercorn sauce, fries	
(£7.50pp supplement if on spa inclusive terms)	
Mojo Marinated Chicken Skewers (M,Su,G)	£22.00

citrus, herb & pomegranate couscous, tzatziki	
Smoked Chicken Gnocchi (G,M)	£21.50
spinach, green pesto, parmesan, rocket	

Fish of the Day (F,M)	£23.00	
new potatoes, samphire, rich tomato sauce,		

Wild Forest Mushroom Ragu (G,E,Su,Ce,V,M) £19.00 roasted cherry tomato, pappardelle, rocket, parmesan

Halloumi Steak (V/Vg)	£19.50
grilled courgette, caper dressing	

BURGERS

smoked paprika

Forest Row's Tablehurst Farm Bio-dynamic	
Farmed Beef Burger	£19.95
Grilled Butterfly Chicken Breast Burger	£19.95
Both served in a brioche bun, cheddar,	
caramelized onion chutney, beef tomato, gherkin,	
onion rings & fries (G,M,Mu,Su)	
Add extra: cheese £1.50; bacon £1.50	

The Beyond Meat Burger (Vg,G,Mu,Su)	£19.50
vegan cheese, caramelised onion chutney, beef tomato,	

SALADS & HEALTHY PLATES

Mixed Forest Salad (Vg, Su)	£14.00
mixed salad leaves, roasted peppers, artichokes, sunflower seeds & balsamic	

Chicken Caesar Salad (F,M,G)	£19.50
baby gem lettuce, anchovies, parmesan,	
croutons, cesar dressing	

PIZZA

10" Margherita Base with a choice of two	
toppings (G, So, Mu) *Vg gluten free pizza bases are available	£17.50
extra cheese (M)	
honey roasted ham	
grilled mushrooms (Vg) olives (Vg)	
artichokes (Vg)	
smoked chicken	
pepperoni	
additional toppings priced at £1.50	

BRASSERIE LUNCHTIME OFFER

Available 12pm-2.30pm daily

Stone Oven Baked Puccia Bread with	£14.00
Salad Garnish and Skinny Fries	

smoked salmon cream cheese, artichokes & roquette (G,So,M,F)

salted beef, grilled cheese, roquette, gherkin & bbq mayonnaise (G,So,M)

goats cheese, pesto, roasted peppers, artichokes & roquette (So,M,Vg*)

4 Cheese Tortellini (M) £15.50 green pesto, parmesan, baby water cress

Stuffed Portobello Mushroom (D,GF) £16.50 tomato, mozzarella

SIDES

Plain Fries	£6.00
Parmesan Truffle Fries (M)	£7.00
Tenderstem Broccoli	£6.50
confit garlic & shallot dressing	
Onion Rings (G)	£6.00
Side Salad (Mu)	£6.00

DESSERTS

all priced at £8.00

Star Anise & Cinnamon Poached Pear (M,N) bourbon mascarpone & maple toasted pecan Lemon Cheesecake (M,E,G) raspberry sorbet

Chocolate Tart (M,E,G)

caramel sauce

Orange Crème Brûlée (M,E,G) shortbread biscuit

Vegan Chocolate Brownie

chocolate sauce, vanilla ice cream (So,Almonds,Vg)
Selection of Homemade Ice Cream (M,E)

Selection of Sorbets

Selection of British Cheeses (M,G,Su

Nut free pesto available / Gluten free dishes available Vg^* - Dish can be adapted to vegan - please ask your server